Diagram showing correct fitting of the noseband of The Bitless Bridle

Key: white = airway; black = soft tissue (including cartilage); dotted areas = bone

The diagram shows the nostril dilated as for exercise. But note that the diagram is based on the photograph of a horse at rest, so the position of the head is not really appropriate for fast exercise as the airway is too bent.

If the crossover bitless bridle (BB) is fitted correctly, it should be possible to feel the premaxillary notch lying just above the top edge of the noseband (see 2 above). This is a landmark that can be used to check the fit of the bridle on horses of all sizes from draft to miniature. Obviously, the recommendation with regard to the distance of the noseband above the corner of the mouth will vary slightly with the size of the horse, but the premaxillary notch (shown at 2 in the diagram) provides a constant.

There is a fuller explanation of this diagram on the FAQ page of the web site:

http://www.bitlessbridle.co.uk/bitless-bridle-faq.php#fittingdiagram